

## New Zealand Certificate in Sport Coaching (Level 3)

### Who is this qualification for?

It is for any individual interested in learning more about their coaching. It provides a platform for beginner coaches to take their passion to the next level by developing their foundation knowledge of coaching while also cementing and gaining accreditation for the experience and knowledge previously gained through their sport specific coaching framework.



### What's involved?

This NZQA, 40-credit qualification is designed to be completed within a 6-month timeframe. After completing the programme, a coach will be able to:

- Create a supportive coaching environment
- Demonstrate positive side-line behaviours
- Apply basic injury prevention techniques including warm up and cool down procedures to meet the physical requirements of the chosen sport
- Give constructive, specific and positive feedback on performance
- Model simple skills and apply general coaching principles

### Entry Criteria

To be eligible to attend, participants must

- Be coaching an intermediate, middle school or secondary school or club level team
- Be supported by a school or club

### What are the costs?

A non-refundable administration fee of \$150 (plus GST)

### Where to from here?

- Are you keen to kick off your training to become a qualified sport coach?
- Think this might be the right qualification for your staff?

To find out more contact Zelda Tucker [zelda@wilss.ac.nz](mailto:zelda@wilss.ac.nz) or phone 07 839 9908

Come and be part of the WILSS Experience – enrolments now open for 2020

Semester A - 10<sup>th</sup> February - 7<sup>th</sup> August 2020

Semester B - 22<sup>nd</sup> June - 18<sup>th</sup> December 2020